



Adonis Musati Project
encourage equip empower



MISSION:

AMP seeks to empower marginalized refugees and migrants in South Africa through fostering sustainable support networks and encouraging personal development that achieves lasting change.

VISION:

AMP desires to see resilient and integrated migrant communities where individuals support each other and contribute positively to SA society



FROM THE DIRECTOR'S DESK



The last year has been a remarkable one for AMP and one that I have been privileged to be a part of. Since the launch of our Peer Support Group Programme in April 2013, AMP has flourished in its service delivery, reaching and benefiting close to 250 refugees, asylum seekers and migrants in the programme's first year of operation. The year has seen our new model of scalable and innovative, community-based support being evaluated, adapted and redefined. Our peer counsellors have grown in experience and we are proud to be able to say that each of them is a skilled, committed and qualified facilitator who we are lucky to have as part of the AMP team. Behind the scenes and from an organisational perspective, AMP is growing, maturing and developing too. We have worked hard to improve and implement systems and structures which will continue to strengthen and underpin AMP and its goal to effectively meet the needs of vulnerable refugees and asylum seekers in Cape Town.

There have however also been significant challenges which have required fortitude, resourcefulness and creativity. Internally we have struggled to raise the increased budget needs of our new scaled up programme and organisation in a funding environment which is becoming increasingly restricted. This rings true for most NPOs but for those offering services to non-South Africans as we do, the limitations are even greater. Nonetheless, we are rising to the challenge with increased focus and drive on our fundraising activities and grant applications. Slowly we are beginning to see results and, with the incredible support of our stalwart corporate and individual supporters as well as a few valuable institutional grants, we are making things work and look forward to a bright, strong future for AMP from a funding perspective.

Sadly the biggest challenge that AMP faces is the ever increasing need of refugees, asylum seekers and migrants in South Africa. There have recently been enormous negative changes in the landscape of refugee law and services both in Cape Town and nationally; resulting in an ever increasing number of truly desperate, vulnerable, and frequently undocumented men, women and children. It is the plight of these individuals along with the wish to see each refugee as a resilient, self-reliant and contributing member of South African society which drives us to continue advancing our programmes and organisation. Our aim is to continue to reach more individuals through our work, and to continually grow from strength to strength, carrying out AMP's incredible mission of helping the most vulnerable. I'd like to sincerely thank all those supporters and the entire AMP team who make this impact possible.

Laura Wylie



INDEPENDENT LIVING PROGRAMME

The past year brought to a close a programme that was born in September 2009, the same month that AMP became an officially registered non-profit organization. After crossing paths during our outreach services with 11 Zimbabwean teenagers that were living on the streets in Cape Town, AMP set up a house to accommodate these youths and plans were made to help them get back to school and prepare for a better future. Nearly 5 years later, we are pleased to report that our goals of providing them with homes, education and stability, and a final step of independence from AMP have been largely achieved. Each one of our young men has faced massive challenges; and with resilience and fortitude, has overcome their obstacles to varying degrees. We congratulate each graduate from the Independent Living Programme (ILP) and wish them well on their continued journey to success!

Since its official inception in 2011, AMP and the ILP Supporters have:

- Funded six asylum seeker youths to complete Grade 12
- Sourced and financially supported their Cape Town “families” that gave them a home and stability.
- Attended school award ceremonies where all youths received awards for their excellence in a number of subjects.
- Financed and supported all six matriculants onto tertiary education with:
 - One completing a Certificate in Business Management at MANCOSA
 - One completing a Community Journalism certificate with distinction at UNISA
 - One completing a 4 month Carers’ course at Robin Trust School of Nursing
 - One completing the first half of his A levels
 - One enrolled and beginning a 2 year IT diploma course
 - One returning to Zimbabwe to support his younger siblings by starting a small electronic workshop
- Helped 3 youths practically and financially with their study permits and medical insurance for studying in South Africa.
- Provided mentorship to the youths throughout the last five years
- Celebrated with the youths, their mentors and “families” to mark the end of the Independent Living Programme

Three of the youths will be continuing their studies in 2014 and 2015 if funds allow; AMP will continue to connect the youths with sponsorship opportunities as they arise.



Goldman receives an award at the School of Hope Awards ceremony



Tafadzwa attends the Project Colors Youth Development camp

THANK YOU!

To the John and Beverly Atkin Foundation, The Ackerman Family Foundation, The Ackerman Family Education Trust, Sharon Habib and Nic Tsangarakis and Education Without Borders, Project Colours, Geraldine Brauer, Lindri Steenkamp, John and Jill Frame, and Craig and Sarah Laurence, and Deo Katongole for walking the incredible journey over the last year with AMP and these wonderful youths.



PEER SUPPORT GROUP PROGRAMME

AMP's Peer Support Group Programme has now been running for a year, providing a perfect time to reflect on the successes and challenges so far.

The Peer Support Group Programme is now AMP's core service. The programme aims to offer psychological support and practical resources to disenfranchised refugee and asylum seeker communities within Cape Town and builds sustainable support systems within the community. Through this intervention we empower individuals and equip them with the skills needed to transition to self-reliance and to lead positive, meaningful lives.

This programme is a significant change from AMP's previous objectives of primarily providing welfare assistance to refugees in Cape Town. This change stemmed from AMP's realisation of the need for a deeper intervention that addressed the trauma resulting from significant human rights violations endured in their home countries and in transit, and addressed the continued stress in tackling challenges faced by refugees in South Africa. The programme employs a community-based, comprehensive, and innovative model to address the mental health needs of migrants, while also equipping them with valuable skills and knowledge needed to survive in South Africa.

IN THE CLASSROOM



AMP calls upon the skills of members of the refugee and asylum seeker community to carry out programme implementation. A group of eight skilled and talented refugees and migrants who showed an aptitude for counselling and facilitation were recruited to join the AMP team in April of 2013. Each of these peer counsellors then participated in a specially designed six-month training programme, facilitated by Judy Strickland of Hope House, to equip them to facilitate support groups for their migrant peers. AMP held a graduation ceremony in October 2013 for the eight peer counsellors who completed the training programme. In addition to the classwork, Peer

Counsellors undergo weekly supervision sessions with a trained supervisor, Ann Bothwell Paton, who offers them feedback and support in relation to their support group work.

"For the past year, the eight peer counsellors and myself have met up weekly to discuss, analyse, reflect on the work they are doing - how to improve it, monitor the specific needs of those attending the groups, and how best to help them. The three hour supervision time is conducted in many respects as a peer support group would run - intimate, confidential and respectful. We address issues present that week, skills that are lacking and needing to be learnt, how each peer counsellor is managing their own growth, and how to back that with theoretical or practical teaching. Peer counsellors receive a lecture on the broader aspects of the topic for the week, there will be personal discussion around it and then finally focus on how to best bring that creatively to their groups. Only when they have explored a topic in relation to themselves, do we start thinking of how to bring it into the groups. Each member has shown their capacity to be vulnerable, challenged, self-reflective, and to use their skills to shift a complex situation. Each has grown and developed significantly over this last year and are to be very much commended for this. Supervision is never complete and continues alongside AMPs work in the community, serving to support and extend the peer counsellors as they in turn support and extend others."

—Ann Bothwell Paton

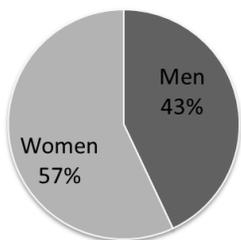


IN THE COMMUNITY

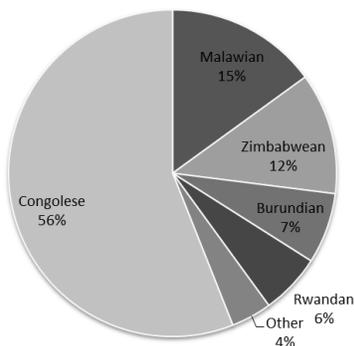
The Peer Counsellors facilitate support groups out in communities with large populations of refugees and asylum seekers. Over the past year the Peer Counsellors and AMP staff have conducted extensive research and networking in the chosen communities to familiarize themselves with the areas and ensure collaboration with other local NPOs. The Peer Counsellors then secure venues to hold support groups and begin recruiting programme participants.

The support groups consist of approximately 10-12 participants and combine three key elements: 1) development and nurturing of a safe and therapeutic support network; 2) development of skills that are essential for coping with daily challenges and fostering self-reliance—examples of such skills include conflict resolution, communication, goal setting, and problem solving skills; 3) sharing of practical, up-to-date information regarding community resources and services available to refugees, and education on legal rights of refugees which empowers participants to access these rights. This last element seeks to integrate individuals into existing protection mechanisms and services, rather than attempt to create parallel programmes. Over the 12 weeks of group sessions, relationships between group members are cultivated and integrated support networks are created. Skills built in the group sessions are applied not only in the group, but in the wider community as well. The peer-to-peer method of programme implementation encourages participants to assist their own community members through sharing of resource information and lending of support and encouragement beyond the group.

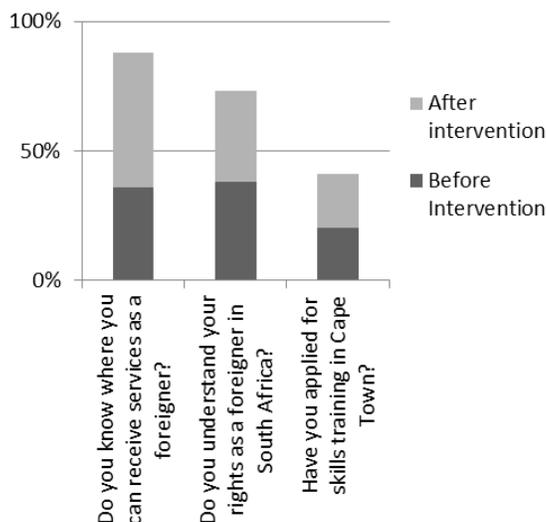
Gender Breakdown of beneficiaries



Nationality Breakdown of beneficiaries



Human Rights Education and Resource Engagement



Over the past year AMP has facilitated groups in the communities of Capricorn, Maitland, and Salt River, with approximately 250 individuals participating in the programme. The following graphics show the demographic breakdown of clients, as well as feedback from participants.



'I was thinking for myself that maybe family is only people that were born in the same family, but I've met another family since I've started to go to that support group.'



'I was very afraid to go for HIV test...but from the support group I had that courage to go straight to the clinic to know what was my HIV status. I'm so happy to know what is my HIV status now.'



'We are faced with many problems, if I can say stress. But we learned we cannot only be focused on the problem. We have to focus on the solution...that will allow us to step in front.'



CHALLENGES

- We have continually evaluated and adapted the design of groups in order to meet the unique requirements of our participants, including increasing baby-sitting services to enable more women to join groups, adapting group times to accommodate the needs of the majority of beneficiaries to find piece-meal work, etc.
- We have experienced significant challenges working in communities struggling with conflict and violence, a stark reminder of the everyday fear that many refugees live in.
- Our greatest challenges have been in supporting refugees in their continuous struggle to become documented or maintain their status, and to find employment. This is a heavy burden carried by the peer counsellors and one which they carry admirably with the immense support of Ann, their supervisor.

ACHIEVEMENTS

- The support group programme has reached close to 250 of the most vulnerable refugees and migrants with an immense amount of data and anecdotal evidence indicating that the programme is indeed changing lives.
- We have strengthened relationships with other organisations in the field, enabling the improvement of referral networks both into and out of our program.
- We have reinforced systems to support and track the program including the development of a comprehensive monitoring and evaluation system and database.
- Our peer counsellors, the key to the programme, continue to grow and flourish in their roles as peer counsellors and group facilitators, providing a valuable source of inspiration to their peers.

PEER COUNSELLORS

“The Peer Counsellor Programme has helped me with personal growth. It’s a life changing experience that allows us to share our knowledge and to find our inner strength so as to move on regardless of the hardships that we face as refugees.”



Genevieve Kabayiza
Rwandan



Augustine Muyambo
Congolese (DRC)



Charles Simba
Tanzanian



Ami Bamoka
Angolan



Naledi Ceba
South African



Caroline Mutimbanyoka
Zimbabwean



Joseph Bisimwa
Congolese (DRC)



John Fifteen
Zimbabwean

WHERE TO NEXT

Although the programme has been going for over a year, we still think of it as a ‘pilot’ as we continually seek to fine-tune and improve it. Funding permitted, we’d love to train more peer counsellors so as to be able to extend our reach as well as provide organizational sustainability. We’d like to increase the hours of our existing peer counsellors and provide them with more training opportunities. Most importantly however, we’d like to scale up the programme to be able to offer more refugees and migrants in more communities the opportunity to participate in this programme which we really believe, changes lives for the better.



WALK-IN PROGRAMME

Since the restructuring of our programmes in 2013, AMP has steered away from scheduling appointments with clients at our office in Observatory and moved toward community-based intervention. However, due to the large amount of homeless refugees in Cape Town that are in constant need of welfare support, AMP continues to offer a basic walk-in service which enables us to assist vulnerable people coming to our door. On average we receive between five and ten people a week, although sometimes more, particularly in cold and wet weather.

Each refugee coming to our door receives a client card which enables us to track how many times the individual has been assisted previously and to make sure that everyone is treated fairly. Assistance we provide includes:

- Food in the form of a Stop Hunger packet (donated to us directly from Stop Hunger), E-pap packet (sponsored by the Claremont Rotary Club), or any other food items that have been donated to AMP
- Mattresses and blankets when available (supplied by Cape Town Refugee Centre for individuals with documentation only).
- Clothing items that have been donated to AMP. Shoes and jackets are particularly in demand during the winter season, and smart clothing for interviews is often requested.
- Up-to-date information regarding available resources in the area such as accommodation, soup kitchens, employment agencies, skills training, etc. Brochures with relevant information are compiled and printed for distribution.
- Enrollment in upcoming community support groups, depending on where the individual stays and their availability.



THANK YOU!

To Stop Hunger Now, the Rotary Club of Claremont, Cape Town Refugee Centre, Sharon Pogson, a number of local schools, churches, and businesses who have organized food and clothing drives, and many generous residents of Cape Town for the many donations of food, clothing, and blankets we received last year.



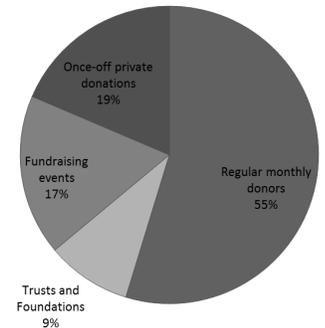


FINANCIALS

Balance sheet as at 28th February 2014

	2014	2013
	R	R
EMPLOYMENT OF CAPITAL		
Current Assets		
Rental deposit	16,133	15,000
Cash and cash equivalents	197,941	293,664
	214,074	308,664
CAPITAL EMPLOYED		
Retained Surplus brought forward prior years	308,664	188,207
Loss incurred/ surplus generated this year	-94,590	120,457
	214,074	308,664

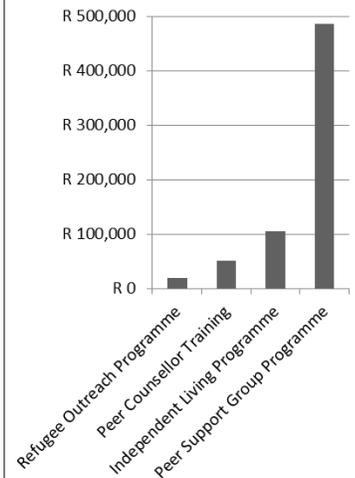
Income Breakdown



INCOME STATEMENT- Actual vs. Budget: 01/03/2013 to 28/02/2014

	2014	
	Actual	Budget
<u>Income</u>	R	R
Once Off Donations (private individuals and businesses)	182,706	300,000
Regular Monthly Donors (private individuals and businesses)	538,180	560,000
Trusts and Foundations	70,183	400,000
Fundraising Events	171,990	120,000
Grant-Community Chest	20,530	20,000
Other	3,305	
Total Grants and Donations	986,894	1,400,000
Interest Received	9,767	10,000
Total Income Received	996,661	1,410,000
Less: Operating Expenses		
Peer Counsellor Training	51,759	69,688
Support Group Programme	86,827	149,215
Refugee Outreach Project	19,391	52,500
Independent Living Programme	105,179	135,760
Administration Expenses	79,111	99,000
Property costs and Admin	90,259	94,750
Salaries & Wages Support Staff	259,796	257,213
Salaries & Wages Service Staff	398,929	545,897
Total Operating Expenses	1,091,251	1,404,023
Net surplus/loss for the year	-94,590	5,977

Spending by Programme





MEET THE AMP TEAM!

Management Committee

Gahlia Brogneri	<i>Chairperson</i>
Joelle Holland	<i>Secretary</i>
Gayle McWalter	<i>Treasurer</i>
Deo Katongole	<i>Office Bearer</i>
Terry Hodson	<i>Office Bearer</i>
Fiona Mendelson	<i>Office Bearer</i>

Staff

Laura Wylie	<i>Executive Director</i>
Emily Westerlund	<i>Resource Development + M&E</i>
Miranda Du Toit	<i>Office Administrator</i>
Ann Bothwell Paton	<i>Peer Counsellor Supervisor</i>
<i>Peer Counsellors</i>	
Ami Bamoka	Joseph Bisimwa
John Fifteen	Genevieve Kabayiza
Caroline Mutimbanyoka	Augustine Muyambo
Charles Simba	Naledi Ceba
Riziki Lubemba	<i>Office Cleaner</i>

Main Funders & Partners in 2013

Foundation for Human Rights
 JDI Foundation
 Campbell and Ane Parry
 Associated Energy Services
 Agnes and Neil Gantner
 Jewish Board of Deputies
 Ackerman Family Trust
 National Lottery Distribution Trust Fund
 Community Chest
 Verso Financial Services
 Project Colors
 Joseph Rinaldi
 Bill and Jean Westerlund
 Sharon Habib & Nic Tsangarakis
 Education Without Borders
 Stop Hunger Now
 The Clothing Bank

Thank you to our key supporters and volunteers!

We would not be where we are now without the help of our wonderful supporters and volunteers. We thank each one of you for your commitment over the past year. Whether you have donated food packs, transported donated goods for us, helped pack our storage room, or have given a monetary donation, each contribution has significance, and makes up the fabric of our organisation. We admire your compassion and desire to assist the refugees and asylum seekers of Cape Town and hope we can continue working together to change lives!



Donate in ZAR: Standard Bank | Adonis Musati Project | Acct no: 072 548 398 | Branch: Claremont | Branch no: 025109
 To donate in other currencies visit: www.adonismusatiproject.org/getinvolved/donate