



# ANNUAL REPORT **2019**

**Adonis Musati Project**

*Encourage equip empower*

# OUR VISION

IS TO SEE A THRIVING, INTEGRATED SOUTH AFRICAN SOCIETY OF SAFE AND RESILIENT COMMUNITIES WHERE REFUGEES AND ASYLUM SEEKERS, AS WELL AS LOCAL COMMUNITY MEMBERS, CAN SUPPORT ONE ANOTHER IN REACHING THEIR FULL POTENTIAL AND ADDING VALUE TO THEIR LOCAL COMMUNITIES.

ALL OF AMP'S PROGRAMMES WEAVE TOGETHER TO STRENGTHEN THE OVERALL WELL-BEING OF OUR CLIENTS FOCUSING ON THE FOLLOWING KEY AREAS:



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# MESSAGE FROM THE DIRECTOR

Another year has passed by so quickly with its unique challenges and triumphs. 2019 reminded us as an organisation that despite ones well thought out programmes and plans, when crisis hits, as it did in the last quarter with new outbreaks of xenophobia, it is so important to be able to regroup and replan in order to address the needs most relevant to people as they unfold. They say there is strength in unity and this was certainly true for 2019 as civil society and community organisations rallied together with AMP to fight the scourge of discrimination. AMP developed new projects such as crisis training, trauma groups and our youth for Peace social cohesion events as vital responses to the wave of violence in communities.

*In the words of Dina Nayeri, "It is the obligation of every person born in a safer room to open the door when someone in danger knocks."*

Although there were thousands assisted throughout the year and we all walked out of 2019 exhausted and spent I remind myself of the individuals stories and personalities that keep the fire alive inside.

It's the young man who couldn't lift his head, hiding in his hoodie who now addresses crowds and has performed on stages in front of hundreds, who holds his head up proud. It's the little girl who finally feels safe now away from the man who beat her mommy, the traumatised suicidal man who week after week was listened to and validated and now wants to live because of his caring counsellor. It's the woman who despite her own abuse and pain wants nothing more than to help others and the young man who was attacked and beaten in his shop who now runs trauma support groups and advocates for those who cannot speak. There are too many stories to recount but each one reminds me of my own humanity, my own vulnerability and how the resilience and courage of others can inspire us all to be brave. We hope to share some of the stories in the pages of this report and are so honoured to walk alongside these men, women and children.

Without our donors, partners, volunteers and incredible hardworking staff we would not be able to witness these victories of the human spirit, thank you to all of you.....

Gahlia Brogneri

*G. Brogneri*

# MESSAGE FROM THE BOARD

*AMP has come through a year of dealing with outbreaks of xenophobia, sit-in protests in Pretoria and Cape Town and the early consequences of the corona virus amid the usual day-to-day challenges that in themselves create stress and pressure. We cannot commend Gahlia and her team more highly for their Trojan effort during this time.*

*The Board has been intimately involved with the challenges that AMP has faced and it has been our privilege to help steer everyone through these turbulent waters. Often boards can be invisible in the real world of the organisations whom they serve but we are privileged to have one that has a hands-on approach and has a heart for the emotional and psychological journey of everyone involved in AMP. Gahlia has done an excellent job of not only leading AMP but also working closely with the Board to keep us up to date and informed. At each board meeting we ask for real life stories that have occurred during the past 90 days to keep our hearts connected with those we serve.*

*The management team has stepped up to a new level with Fiona and Watson taking on additional responsibilities to assist Gahlia to focus more on networking, directing and sourcing new funding. The staff compliment grew significantly this year with the increase in funding and projects. Additional training for the management team and staff and the restructuring of the organisation ensured more efficient and streamlined outcomes.*

*We have seen an increase in funding partners, and significant growth in the number of clients we are able to assist including participants of our support group programmes. There has also been substantial development of our Youth Empowerment Program with the hosting of the Youth for Peace Festival and the AMP Drama Club performing at the Baxter theatre and a renewed focus on relief and welfare as a consequence of the xenophobic violence. The new buzz word in this world of change is agility and AMP has excelled in this quality.*

*As someone once said, 'Blessed are the flexible for they will not be broken'.*

*I will be bidding my farewell as a board member and Chairman over the past years as I move on to new things. I will however remain involved with AMP on a monthly basis in an advisory capacity. I will be ever grateful for the opportunity to have served on the board and I wish my fellow colleagues well as they take AMP to new heights.*

**- Murray Kilgour on behalf of the AMP Governing Board**



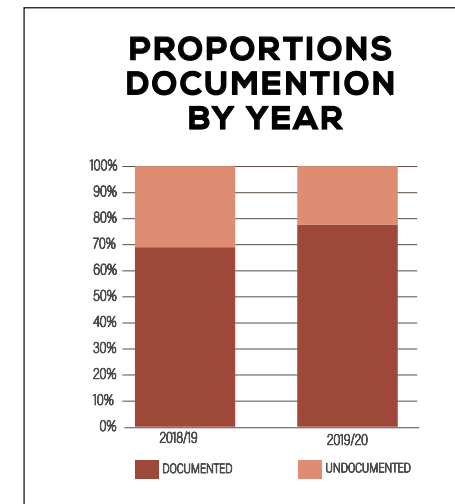
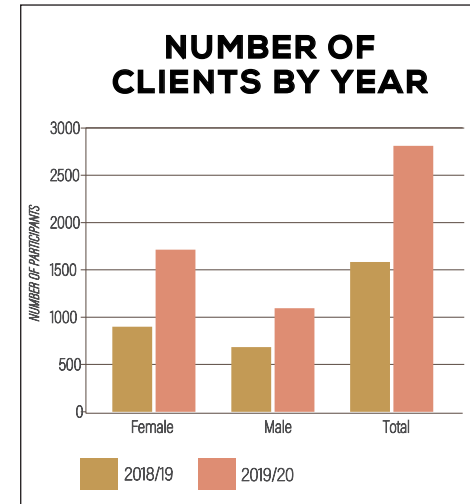
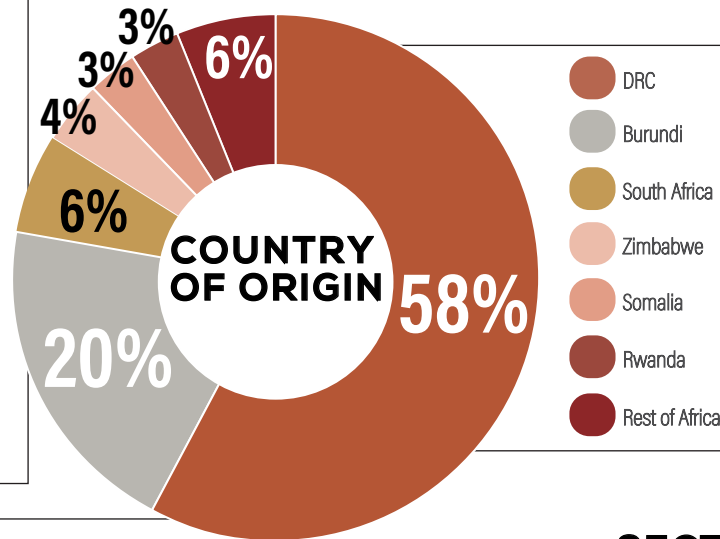
# YEAR OVERVIEW

**8** INTER-CONNECTED PROGRAMS

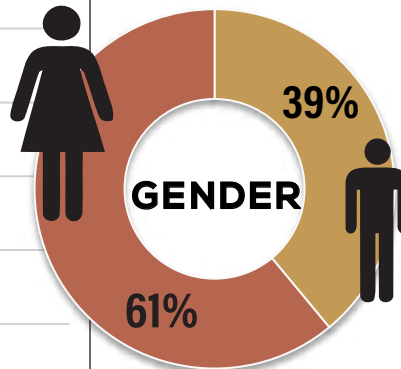
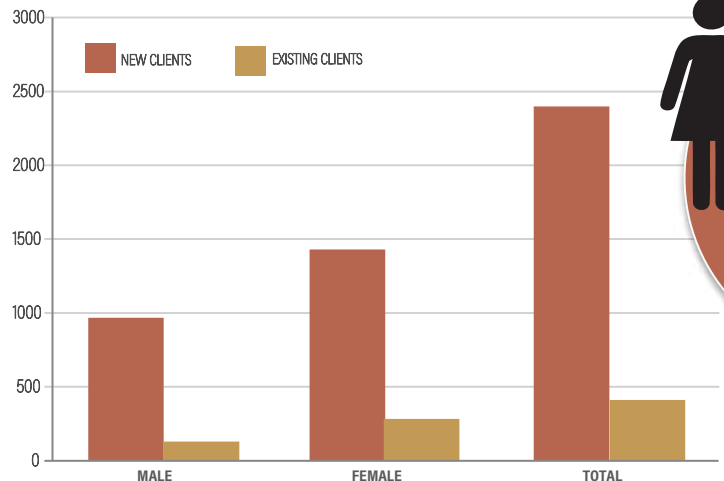


**2810**  
OVERALL CLIENTS ASSISTED

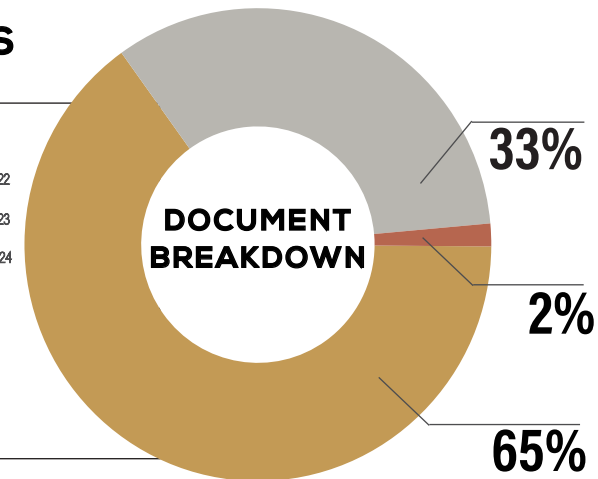
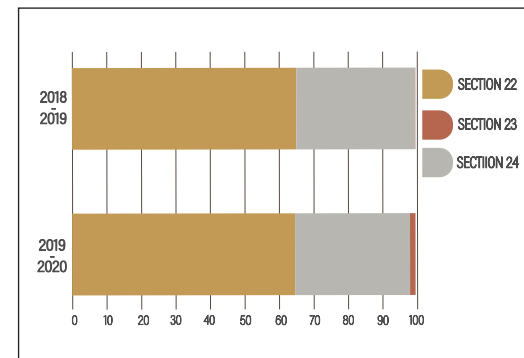
**6822**  
PEOPLE REACHED THROUGH ADVOCACY CAMPAIGNS



## NEW VS. EXISTING CLIENTS



## SECTION PROPORTIONS BY YEAR

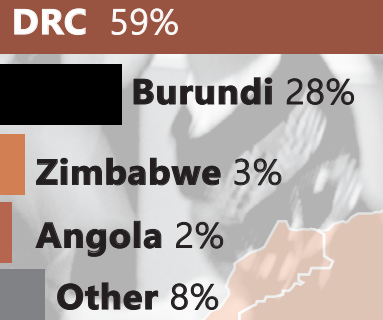


# PEER SUPPORT GROUP

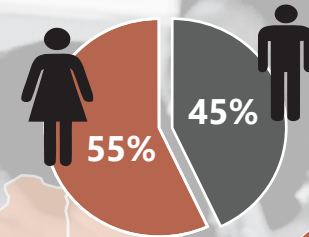
The Adonis Musati Project's Peer Support Group Programme offers participants psychological support and practical resources to empower individuals and equip them with the skills needed to transition to self-reliance and lead meaningful and positive lives.

The participants undertake an 11-week rights based, psychosocial programme in a safe environment within their own community.

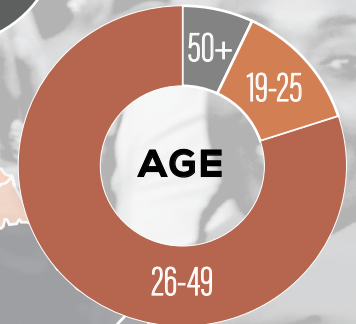
## NATIONALITIES



## GENDER



## AGE



PEER SUPPORT GROUPS



**581**  
PARTICIPANTS

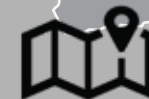


**609**  
SUPPORT GROUP SESSIONS HELD



**314**

CLIENTS RECEIVED HEALTH SCREENINGS FOR HIV, TB, STI'S, HYPERTENSION, DIABETES, AND BREAST CERVICAL CANCER



**9**

AREAS SERVED CAPE TOWN, DELFT, MAITLAND, BELLVILLE, PAROW, WYNBERG, MITCHELL'S PLAIN, PHILIPPI, SALT RIVER

## OBJECTIVES:

Promote Self Advocacy

Facilitate Access to Resources and Services

Develop and Promote Integrated Sustainable Support Networks

Relieve Trauma and Strengthen Well-being and Resilience

# WOMEN AND GIRLS SUPPORT GROUP OUTCOMES

## RIGHTS

**89%** of women Participants reported good knowledge of women's rights compared to **20%** prior to the programme

**92%** of women were able to name organisations where they could seek assistance for legal rights or domestic violence compared to **47%** prior to the programme

**32%** of young women reported accessing refugee or other services compared to **16%** prior to the programme

**78%** of girl Participants reported good knowledge of women's rights compared to **30%** prior to the programme

## RELATIONSHIPS

**69%** of young women reported the programme having a positive effect on their relationships with their parents

**98%** of women reported the programme having a positive effect on their relationships with partners

**92%** of young women reported the programme having a positive effect on their peer relationships

**94%** of women reported the programme having a positive effect on their relationships with their children

## SOCIAL INTEGRATION

**58%** of young women reported having South African friends compared to **38%** prior to the programme

**54%** of women reported having made South African friends compared to **27%** prior to the programme

## WELL BEING & SUPPORT

**96%** of young women reported feeling more comfortable discussing their problems than prior to the programme

**69%** of young women reported feeling more comfortable discussing their problems than prior to the programme

**69%** of women felt able to manage emotional difficulties compared to **21%** prior to the programme

**62%** of women felt they could manage stress most of the time compared to **13%** prior to the programme

*"My thanks to our teachers, who did teach us very well, these services they provided to us for free. So what I would like to say is all those sessions really were helpful,... I have this information and my duty is to tell other people.. If you really put into action what you study from session one to session ten these teachings are able to change our mindset. When they talked about forgiveness and when they were talking about how to deal with depression and other things, this really treated my spirit. I thank you very much, I thank Adonis Musati Project for their support groups, we must be telling other people so that they come to Adonis"*

**Male Participant**

*"After being in support group, I can say that I am a new person. You can even read it on my face. You know why? Because now I know how to deal with stress, I will never allow it again to take me to depression. I know how to solve problems and look for the better solution. I know my rights as a refugee in South Africa. I know how to set my goals, I know where to go when I have a problem."*

**Female participant**

*"I am from the Wynberg mixed group. Coming to AMP support group was at the beginning confusing for me, because I did not know what to expect. Attending all the sessions, I can tell you that it gave me something very precious to my life. Not only for my life, but so many other women I see in the world. I want to thank AMP for empowering women and for giving them something that nobody can take away from them, it is something for life actually."*

**Female Participant**

*"My name is B and I'm from Burundi, I would like to thank Adonis Musati for their hard work, to teach us how to work, to teach us how to stand for ourselves as a woman, and a wife, and a sister... to teach us to be strong as an African woman. To teach us to stand up for ourselves, to teach us never to give up in life. To teach us so many things which I never learned before but today I can be able to learn and teach my own children"*

**Female participant**

*"I am from Congo and I am really proud of our group because it gave a lot. It helped us in our marriages as well, how to communicate effectively. How to forgive people and how one can actually cope with stress. And it helped us to know about our rights in a foreign country. I am very proud of that because it changed me personally. Especially the topic of communication, it helped me a lot to communicate with others. Especially forgiveness as well, how one can forgive others."*

**Male participant**

# TESTIMONIES

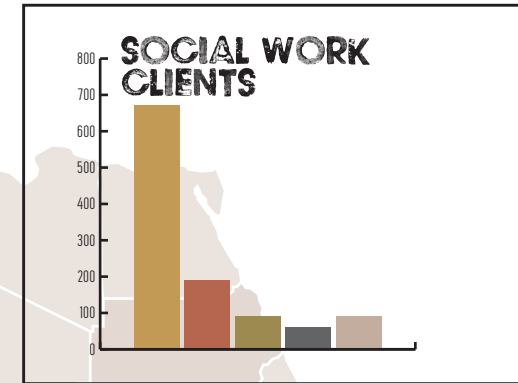
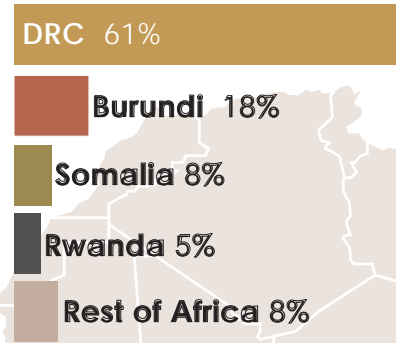


# SOCIAL SERVICES

AMP's social work department focuses on working with clients to achieve the best possible levels of personal and social well-being as well as advocating for social justice and access to services. For Persons of concern with specific needs who are unable to meet their daily needs for survival AMP is able to provide short-term emergency grants until more sustainable solutions are achieved.

AMP recognises that among refugees and asylum seekers there are individuals and families at heightened risk, like those with disabilities, chronic and terminal illness, children with special needs, the elderly, survivors of GBV, and LGBTI+ persons, single mothers with no support and youth at risk. Their plight is compounded by an unjust and sub-optimal documentation process that impacts access to health and education, services, job seeking and eligibility for social from government

## NATIONALITIES



**1099**  
CLIENTS ASSISTED BY SOCIAL WORKERS

**734**  
HOUSEHOLD RECEIVED CASH BASED ASSISTANCE FOR FOOD, BASIC ITEMS

**22**  
CHILD PROTECTION CASES

**366**  
CORE RELIEF ITEMS DISTRIBUTED

**32**  
OFFERED LIVELIHOOD SUPPORT

**129**  
HOME VISITS

## OBJECTIVES:

Advocate to improve access to services, resources and opportunities

Provide Support and financial assistance to persons with specific needs

Assist clients with achieving solutions through social capital, income generation strategies and skills training

Offer Psychosocial support and counselling

Identify and refer adults and children at risk, including unaccompanied and separated minors, and victims of trafficking and abuse

# YOUNG AND HOPEFUL

A client came to AMP seeking assistance with getting into school. At the time he was 17 years old. He had no documentation and no family. He fled from his country to avoid becoming a child soldier for rebel forces. Upon assessment the social worker found that the client was an unaccompanied minor who, upon arrival, was living on the street until he was taken in by a stranger who exploited his vulnerability. AMP got various organizations involved to assist in safe guarding the client. The client has since been placed in a Child and Youth Care Centre and was enrolled in school, grade 11. The client is also doing a course in Coding. His goal is to finish his school career and enrol in university where he can study computer science.



# WOMEN EMPOWERMENT

The Women's Empowerment Programme provides psychological support and practical and emergency resources to vulnerable women including survivors of gender based violence.

The programme uses a holistic approach to empower women and help them acquire the skills and resources needed to lead safe, independent and meaningful lives.

## OBJECTIVES:

Equip individuals to assert and defend their rights

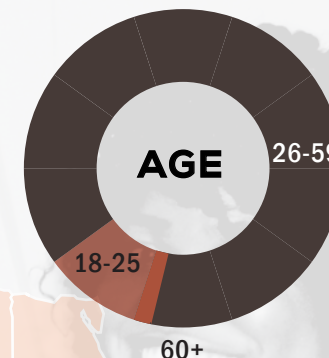
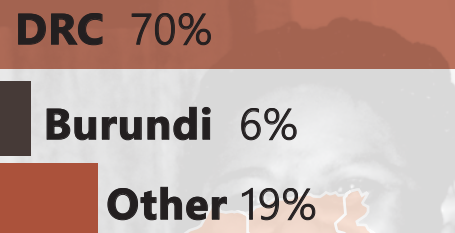
Facilitate access to relevant services, resources and opportunities

Relieve trauma and strengthen psychological well-being

Pomote and develop sustainable support networks

Strengthen prevention and response to SGBV

### NATIONALITIES



123

SGBV SURVIVORS ASSISTED WITH REPORTING A SGB INCIDENT



86

CLIENTS ATTENDING WOMENS EMPOWERMENT



83

WOMEN SCREENED FOR



77

SUPPORT GROUP SESSIONS HELD



53

SGBV SURVIVORS RECIEVED CASH BASED ASSISTANCE FOR FOOD AND SHELTER



23

SGBV SURVIVORS PROVIDED WITH ALTERNATIVE SHELTER



37

SGBV SURVIVORS RECIEVING ONE ON ONE COUNSELLING



42

SGBV SURVIVORS ATTENDED VCT AND HEALTH SCREENING.

# FURAHA'S STORY

My name is Furaha I'm from DRC Congo originally, and I come from an abusive relationship. I want everyone to hear about this testimony, I hope it's going to change and to help a lot of women outside there. One day, a lady told me, why don't you go to Adonis Musati you're going to learn a lot there. There is a program that they're going to give." So I went to Adonis Musati that day and I found the counsellor her name is Sylvie, the first time I saw her, I just feel like, she wasn't judging at all, but she was really committed to her work. She believes in people like us, our situation and what we did pass through and wants to help us.

I was opened up from that program, it's make me to open up even from the childhood of mine, even of what happened to my first child. It really helped me a lot. I talked about what I want to do and what is my passion I dream of. I finished the program at Adonis Musati, I fight. I fight. I see future. I see life. I feel more strong when I get my certificate there. I didn't think about this certificate is going to take me far, but what I get out of that place it gave me strength, is opened my mind and showed me I must never give up. And that is what I'm doing. I never give up from that day, from that moment.

I'm just 26 years old, with two kids but through the help of Adonis Musati I'm still alive now. They also support me to find a place to stay and I fight, I fight, I fight with the help of Adonis Musati helping me to fight back, to get back on my feet.

I took a course of home based care and a computer study in the shelter. Adonis helped me to pay for transport to my course in Wynberg

I tell other women, I survived rape, I passed through a lot but I don't want to go to details, I'm healed, and Adonis can also help you. Show them what you want to do so that they can help you through your dream. From that program I learned how to be a fighter. I fight back. I do my practical for home based care for 5 months and Adonis Musati was helping me to buy the food and the rent for the shelter where I was staying. I finished my course, I went to the Adonis Musati, I showed them my program is done and how far I am with my practical. One day I went straight to them looking for Sylvie, to tell them, I get that job. I'm working now at the same place that I was doing my practical, I signed my contract for six months. My kids are so happy, Adonis Musati did not only help me to be where I am now, they also help the life of my two boys. They are so happy to see that they can have the place of their own. They can also be seeing their mother be able to pay her own rent, buy her own food, they do things that the other kids can do.

I'm really, really thankful for Adonis Musati for everything. And I also thank all the people in the shelters, the managers that also was also supporting me when I'm on my practical. This goes to all the women who still don't want to take this path, who still think their life is in the hands of men, you can do it yourself with the help of The Adonis Musati Project.

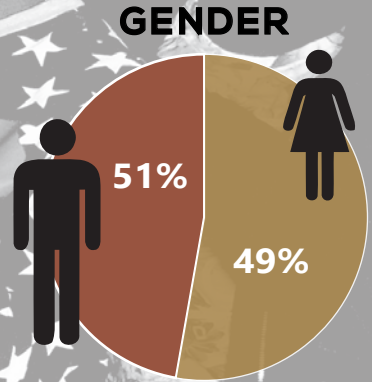
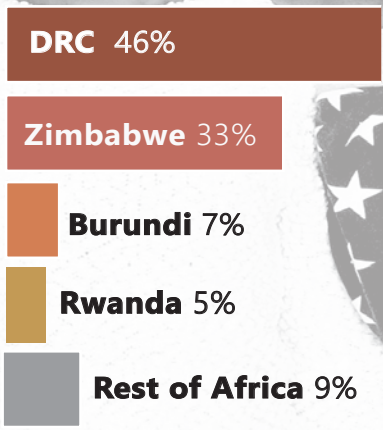




# YOUTH EMPOWERMENT PROGRAMME

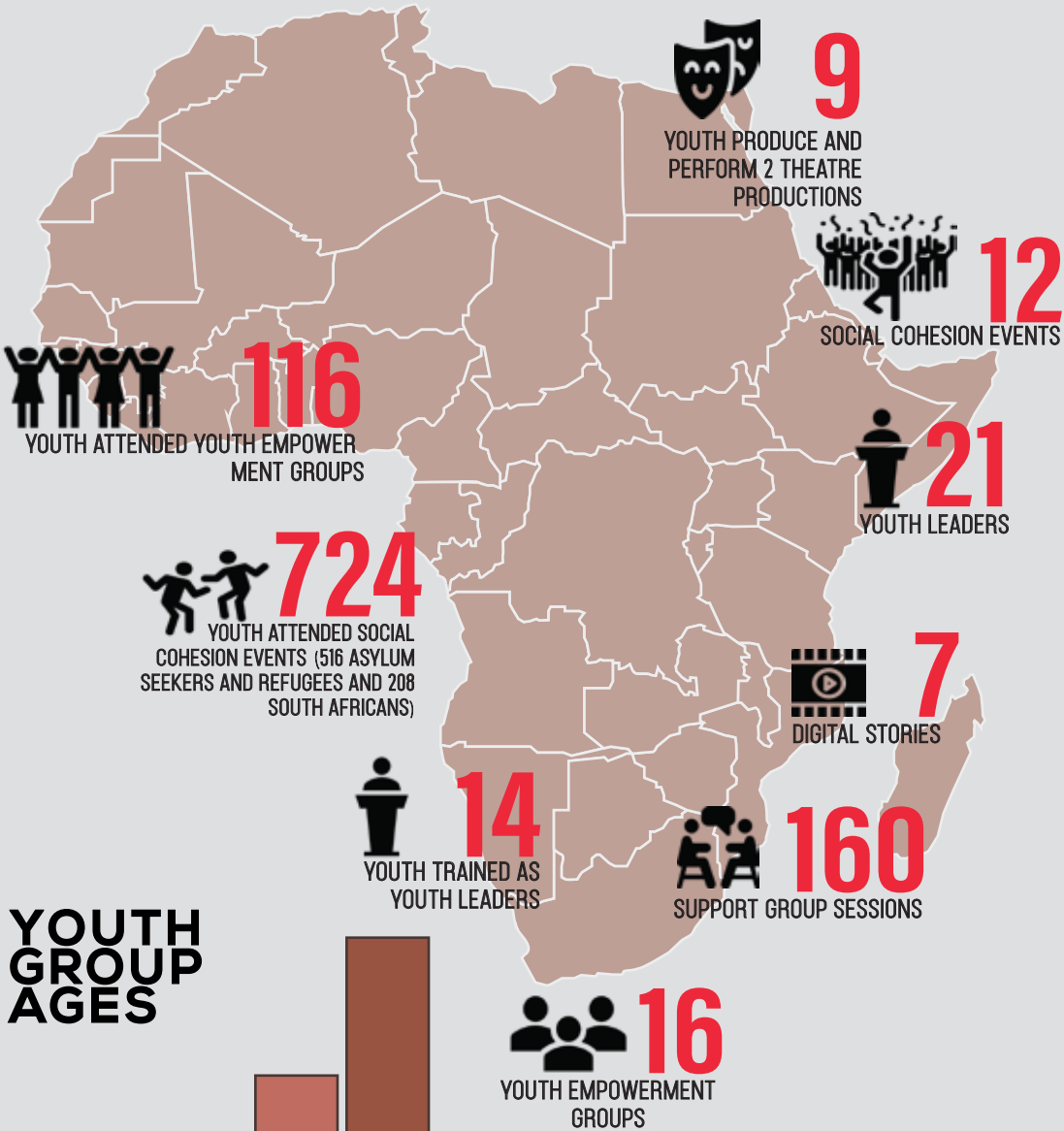
The Youth Empowerment Programme offers young people psychosocial support as well as opportunities to develop and grow in confidence, becoming agents of change in their communities

## SUPPORT GROUPS



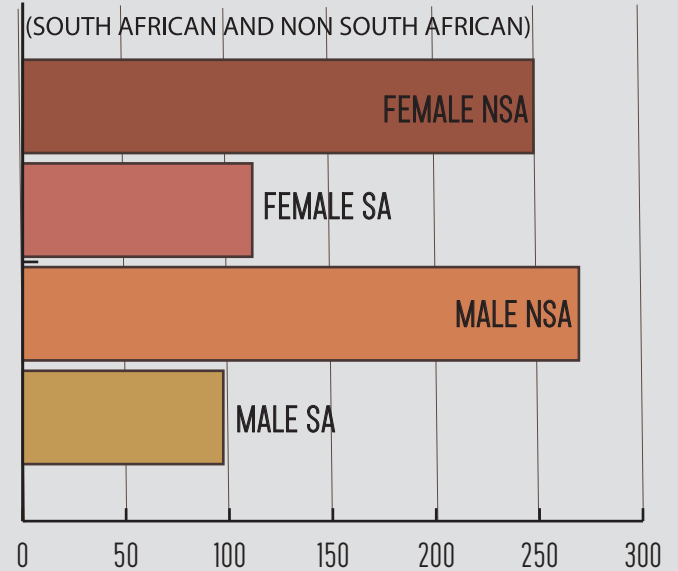
## OBJECTIVES:





CAST MEMBERS OF THE KALUNA THEATRE PRODUCTION

### SOCIAL COHESION EVENTS (GENDER)



# YOUTH LEADERS JOURNEY

My experience at AMP was amazing. I loved every minute I had to spend there. I'm first going to start with my experience as a participant. AMP did not just help me physically but mentally and emotionally. I got to meet great people and make new friends. When I was 15 I used to say I'd become a millionaire at the age of 19, but AMP made me realize without planning it will never happen. They also helped me with my communication skills, like before AMP I couldn't speak to people that well but now I'm much more able to speak with confidence.

I especially liked what Jono said about goals. "If it makes you nervous then it's the one" that saying made me confident enough to tackle my challenges without fear. I loved the session where we had to share our life stories, I found out I was not the only person going through hard times and by listening to other stories, I got solutions for mine.

The most important session to me was the Human Rights. I found out more about my rights as a refugee and how protected I really am. Just being there made my day. Not forgetting the social cohesion, best 4 days of my life, it was far better than any place I could go for holiday. I met even more people there,

I had a chance to participate in fun activities like acting, sports, talent show and to name a few. The atmosphere there was amazing. My second favourite was the talent show and African cook off. I tasted food from different African cultures and from food I came to learn more about my peers' origins, every moment was 'Breath Takingly Awesome', if that is even a saying in English.

I really hope every young person get this opportunity to experience what I have experienced at the AMP. Other things I admire about AMP is that they allow growth and I was one of the lucky ones to continue my journey by becoming a leader. While leading I got the joy of helping other teens. I'm finally making a difference in other teens' lives as they did mine. I got to meet more interesting people and help other teens like myself. AMP is truly the best way to spend your Saturday. You've got no idea of how much I want to be back there with my co-leader and new friends. AMP has been a great experience for me. I wish this organization could grow big and reach more young people around the world.

- Jevic Denkao  
(male youth leader)



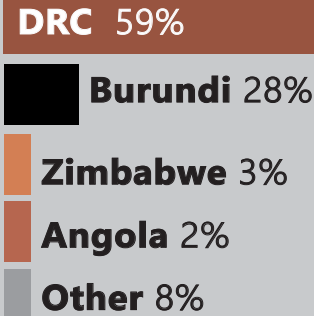
- Try-Chance (female youth leader)

# TRAUMA COUNSELLING PROGRAM

AMP's Trauma Counselling Programme offers individual and group therapeutic interventions for adults and children to help alleviate their trauma and support them in rebuilding their lives.



## NATIONALITIES



**13**  
COMMUNITY TRAUMA  
DEBRIEFING SESSIONS

**12**  
CHILDREN RECEIVED  
ART THERAPY

**40**  
PARTICIPANTS TRAINED  
IN CRISIS DEBRIEFING

**2**  
CRISIS DEBRIEFING  
TRAININGS

**231**  
CLIENTS RECEIVE COUNSELLING

**6**  
TRAUMA SUPPORT GROUPS

**445**  
SCREENED FOR XENOPHOBIA TRAUMA

**2934**  
COUNSELLING SESSIONS

## OBJECTIVES:

Equip individuals to assert and defend their rights

Facilitate access to relevant services and resources

Relieve trauma and strengthen psychological well-being

Promote and develop sustainable support networks

Strengthen prevention and response to SGBV



# SURVIVAL STORY

In the group counselling this lady would be very quiet, would barely speak. When others would be doing the activities, would be questioning, she would be just quiet. When she said two words, she would become emotional. But she would always come for the group sessions. She would listen, she would do the activities, and then at the end she would not ask any questions. Then she would take the homework given in the session, which she would do and she would return. She was very weak when coming into sessions.

She looked very pale, tired, like she wasn't well.

So she was referred for psychiatric evaluation. And she went and she was given medication which she took. So, as a counsellor, I observe people that were in the setting, and she was one of the people that I thought it would be important for her to have one-on-one after completing the group. But given that the year was at the end, and there was no possibility to organise one-on-one session, I put her in my agenda for the following year. January 2020, came and she was the first person that I called because I wanted to help her more, because I could see that she was weak, even coming to the sessions.

I was also surprised because when I called her for the first time, to tell her my intention to give her the opportunity for one-on-one, she instead came with a testimony. When she came, she looked different. Her hair was nice. Her skin tone was nice and she was looking very different. She started telling me, "You know what? That group counselling that I attended helped me to heal. Although I was so quiet, although I was just the way I was when I was coming there, everything that I learn, every activity that I did, actually impacted me positively. And through those activities that I did, I learnt to understand that I needed to be resilient here.

Because, after all, when I look back, I didn't have any parents. But I became something. So this is just a new challenge in my life. Why not try and apply the same resilience I applied when I didn't have any parents? So the activities that were given to us during group counselling helped me to reflect and to see where I'm coming from. And understand that I can still be the same person. I can still become the person that I was before the incident happened. And then I decided to start seeing things that way. And since that time, all the things that I was feeling, crying, I just stopped. Can you see me I decided to move on. It's not the end of the world for me there's life. I have to live.

You know, although they've burned my business, although they've burned my house, they didn't burn my skill." She said she has skills in sewing. "I'm going to save from the security job that my husband is doing. I'm going to save, small, small, and get even a hand machine and start from scratch. From where I am in the church, I'm going to start from there. Because I've learnt to use what I have, that is what I have now, what I have now, it is that skill. They took away everything, but they didn't take that skill. So I'm going to use that skill.

And from there, whatever I get there, I'm going to save it. As long as I have donations that allow me to eat, and I have a place to stay although I am sleeping on the floor, I'm going to accept it. I've learnt to accept my condition, for now, aiming for great things while accepting the current situation, that's what I learned during those activities and the group sessions that we had. So I'm going to apply it and I've been applying it." And she was so grateful.

# VICTIM EMPOWERMENT PROGRAM

The VEP programme aims to empower victims of crime and violence through provision of psychosocial support, trauma counselling, and participatory workshops around awareness and prevention of cycles of violence.

Because of their particular vulnerability and specialised needs, special attention is paid to victims of domestic violence, sexual assault and rape, human trafficking, abused children, older persons, persons with disabilities and victims of hate crime including xenophobia.

## OBJECTIVES:

Increase resilience of victims of crime and violence

Provide therapeutic services to victims of crime and violence

Strengthen prevention and response to crime including gender based violence

Create public awareness of cycles of violence & access to services

### NATIONALITIES

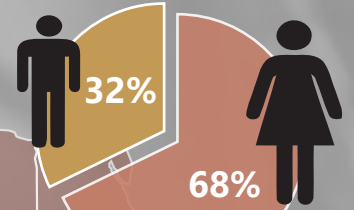
South Africa 52%

DRC 33%

Burundi 5%

Other 10%

### GENDER



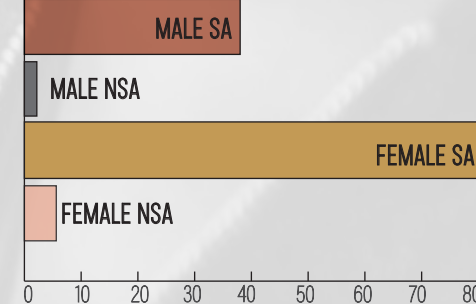
128  
CLIENTS RECEIVED THERAPY

5  
AREAS SERVED  
KENSINGTON, MAITLAND,  
AND SALT RIVER,  
WOODSOCK, BROOKLYN

10  
EDUCATIONAL WORKSHOPS

292  
WORKSHOP PARTICIPANTS

### VEP WORKSHOPS





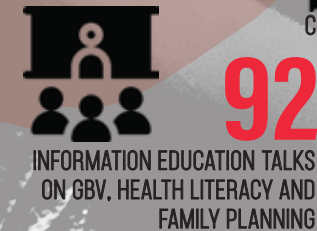
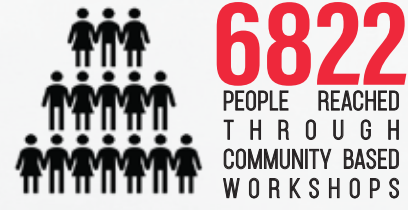
# EMPOWERMENT STORY

VEP group counselling is an opportunity for victims of crime and violence to receive counselling in a group setting which would allow members to share their experiences and learn from one another while doing therapeutic activities and exercises.

The group counselling process affects each participant differently. One of the female participants in our Salt River group has used the tools given to her to apply it in her life. Moving from past fears and anxiety she enrolled herself in a beautician course and starting making amends with her sister. She has more hope for the future than before starting the group. Due to her past trauma she made bad decisions and ended up in dangerous situations, like becoming addicted to substances. The group session that impacted her the most was 'Identifying Support Systems' and she found that she needed her family back in her life if she was to fully

# COMMUNITY SUPPORT WORK

The Community Support Work Programme is part of AMP's initiative to reach vulnerable individuals in communities where they reside. Weekly outreach activities include health literacy, GBV and child protection presentations and workshops as well as training and capacity development of women.



## OBJECTIVES:

Improve social cohesion between South Africans, refugees and migrants

Increase public awareness and education around GBV, child protection and health

Facilitate access to relevant services

Provide opportunities and training to upskill and empower women.

Improve prevention and response to GBV

## MARIE HELENA MWAYUNA'S STORY

A Congolese widow who lives in Parow, she is over the age of 60. She came to our workshop in March 2019 and the topic was GBV (women need to be independent and search for a small business in order to provide food in the household). At the end of the workshop, we distributed second hand clothes, Marie collected the clothes and searched for a place at Parow Market and started a small business in which she sold second hand clothing. We supported her by giving her some clothes and since then until today, she still has her business and no longer has to starve and can provide food for the household. We are extremely happy that our workshop and support could give her the knowledge to uplift herself.

## BRIGITTE NTUMBA TSHIMANGA'S STORY

A Congolese single mother of two children, she is also over the age of 60. On March the 8th 2019 (International Women's Day), she was at our event, the topic was GBV, inspiring women to educate themselves and learn skills that could assist them to be independent. In this event, they were taught how to make salt fish and how to do nails, so that they could start their own business. Brigitte started to make salt fish, from 10 fish to 20 fish to boxes of them and now she is an entrepreneur and delivers boxes of salt fish to African shops. AMP was so glad to educate and support this woman into becoming who she is today!

# ENGLISH CLASSES

AMP's community English and literacy programme is offered in several areas throughout Cape Town making learning more accessible for many and facilitating greater self-reliance.

## NATIONALITIES

DRC 70%

Burundi 23%

Other 7%

## OBJECTIVES:

Provide accessible community based english classes

Improve social integration

Build confidence in students

Increase access to learning and employment opportunities

**287**  
ADULTS ATTENDED ENGLISH CLASSES

**10**  
CLASSES



**6**  
AREAS SERVED BELLVILLE, DELFT, MITCHELLS PLAIN, PAROW, ATHLONE, PHILIPPI



**2** CHILDRENS CLASSES



**55**  
CHILDREN ATTENDED ENGLISH CLASSES

**8** ADULT CLASSES

# COMMUNITY REACH

The learners appreciated the English programme and were encouraged to continue forging their way towards acquiring an education. Among the graduates were mothers who untiringly attended class while pregnant, nursing infants as well as with toddlers. Most of the learners are now able to understand, speak, read and write English. The learners gave beautiful testimonies of how being in the English classes has helped them in their day to day activities. Mothers were very excited to tell of how they are now able to help their children with homework and most of them admitted that before they came to the classes, going to the clinic was a nightmare.

*"For me, I was alone in my house. I didn't have anyone. I didn't even know English. I was so scared about this country. They said it was too different outside and that everything was wrong. But when I came to this project, they showed us where you can go to learn English where I live. They show you what you can do, and if you want to learn you can. Don't be afraid, try to communicate with people, try to ask about outside information, try to ask even about what to do. Stand up, don't sit in your house, don't feel ashamed. You must stand up, you must grow. Thank you for that."*

- Female student





## INTERNS & VOLUNTEERS

AMP has a strong culture of learning and we see it as a great privilege to provide opportunities for interns to develop and grow under the careful mentorship of skilled staff. AMP hosted 13 interns and volunteers including 3 SACAP counselling students and 3 social work students completing their clinical hours during 2019.



# JONOTHANS JOURNEY

In my internship at AMP - I completed over 90 one-hour counselling sessions. In these sessions, I dealt with a number of different issues such as; unemployment, interpersonal problems, bereavement, anxiety and trauma. In this capacity, I had to counsel as well as screen individuals who may have needed further psychological treatment or other welfare assistance. During my internship, another one of my roles was that of a group facilitator.

One of the groups I ran at AMP was an art group for children. In this group, we focused on various psychoeducational topics relevant to young children such as feelings, communication and 'myself'. Using various art mediums, we gave the children the opportunity to express themselves as well as learn and have fun in a safe environment. The second group process that I played a role in was the Youth Empowerment Program.

In this program, the main role of the youth counsellor is to facilitate the process of peer learning and psychoeducation among young refugee individuals. The group goals are to empower youth participants with the knowledge and equip them with the skills needed to thrive within a difficult South African context.

From my year working as an intern at AMP, I grew tremendously in a number of ways. I learnt more about the challenges and struggles that are experienced within the refugee and migrant communities. I worked with a wide variety of different clients, from a 50-year-old man to a 15-year-old teenager. This added to my overall knowledge and enhanced my capacity to work as a counsellor with diverse population settings.

This year has helped me develop and create boundaries both personal and professionally - I became more aware of what my role is as a Registered Counsellor working with an NPO environment. From the experience and supervision that I received at AMP I grew vastly in confidence. This year not only helped me practice my counselling skills, but it also taught me about myself in a much larger context. Working with refugees has had a profound impact on how I see the world, as it is a truly humbling experience to witness such courage and strength in the face of great adversity.

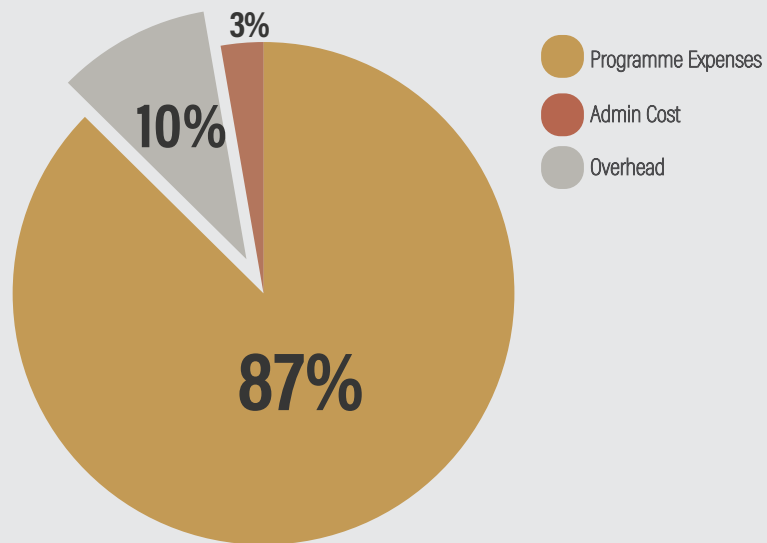
- Jonathan  
SACAP student



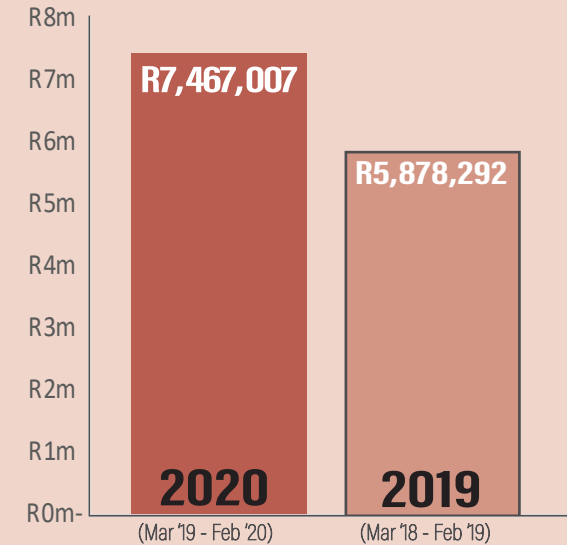


# FINANCE

## TOTAL EXPENSES MAR '19 - FEB '20



## INCOME VS YEAR



### Breakdown of Income

Donations Income	R975,298
French Embassy	R243,942
TAFT	R17,527
Department of Social Development	R520,876
HCI	R74,000
UNHCR	R5,098,368
Comic Relief	R462,480
Other Income	R22,714
Interest	R51,802
	<b>R7,467,007</b>

# HIGHLIGHTS



## WORLD REFUGEE DAY (INSIDE/OUT POP-UP STORY SALON)

In South Africa, current debates in the media and politics focus on establishing who does, and does not, belong and migrants are often blamed for social problems. Many people feel alienated from the place where they live—and do not feel that they belong. This project aimed to use storytelling to generate new bottom-up narratives about the everyday experience of inclusion and exclusion. Our World Refugee Day held in June 2019 included an Inside Out pop-up story salon. In the story salon, people were invited to sit down and watch a selection of stories, produced on smartphones by some of AMP's refugee staff, while being offered a personalised "treatment" by one of the storyteller hosts. The stories, created through an in-depth participatory process over past six months, documented diverse experiences of living in Cape Town in people's own words and images. The stories help us to connect with others sharing our city, whom we might pass by everyday but whose life experiences are far from our own. After watching the stories, there was opportunity to share a cup of tea and conversation in the salon to reflect on our common (and yet often divided) experiences of living in Cape Town.

## AGENCY, IDENTITY & BELONGING

An integral part of our work with young people at the Adonis Musati Project involves creating space for their stories. We do this within our Youth Support Groups and we do this through arts-based practices that enable creative expression. Creative storytelling helps young people to have control over the narratives that shape their identities and the tools to build their sense of self and pathways towards belonging. The experiences of girls and young women in particular are often untold or overshadowed, and in one of our digital storytelling workshops focusing on Agency, Identity & Belonging, a group of female youth leaders created and shared their own stories in an effort to increase awareness about the unique issues they face as young women from other African countries – including feelings of dual identities, navigating gender norms and expectations, ideas of who they are and who they want to become, and advocating for social cohesion between young people across cultural and regional divides in South Africa.





## YOUTH FOR PEACE FESTIVAL

In light of the heightened tensions between foreign nationals and South Africans in 2019, AMP piloted a four-day youth social cohesion event called YouthforPeace Cape Town, in December 2019. The idea was to bring young people from diverse backgrounds together through a variety of activities including sports, food, film and the arts to foster greater understanding and empathy for one another and come up with youth focussed solutions to make communities safer and more tolerant.

Over 220 young people attended the activities which included a sports tournament in Delft with basketball, softball, netball and soccer, Drama, art and digital storytelling presentations, performances and workshops around the theme of integration and peace; A youth food festival– young people prepared and shared food and stories from their different countries/ cultures with one another; Zumba dancing competition and dialogues around peacebuilding, ending off with a talent show allowing opportunities for young people from diverse backgrounds to share their talents and skills such as singing, dancing and comedy.



## KALUNA

The AMP Theatre Collective was formed to take part in Tshisimani Centre for Activist Education 2019 Youth Festival. The aim was to create narratives that reflected the experience of young refugees and asylum seekers in SA.

The young performers attended weekly session from April 2019 to June 2019 then 2-3 sessions per week from June 2019 March 2020 = roughly 80 sessions of exploring experiences and themes, creating narratives, and crafting play and rehearsals. They began with six members and by the time of our final performance the Collective had increased to ten members. The group ultimately was made up of a director, an assistant director and eight performers from various African countries. The majority of performers had never participated in a professional production before. They accessed an additional 4 (Tshimani) workshops on theatre craft and performed a short play, titled 'Kuluna' in Tshisimani's 2019 Youth Festival. They then auditioned for and were selected to perform in the Zabalaza mini-festival

The Collective performed to a large audience at the Black Box theatre in Delft for Zabalaza judges and was selected for the main Zabalaza festival held at Cape Town's prestigious Baxter Theatre.



## GENDER BASED VIOLENCE RESPONSE

Strengthening prevention and response to GBV is a theme that runs throughout all of AMP programming and with the heightened awareness around violence towards women

### AMP implemented the following in 2019:

- 132 GBV workshops with 931 participants
- 86 public talks on GBV at 7 different clinics and hospitals
- 83 women screened for IPV at Scalabrini
  - 6 Women's Day events
- 203 women receive individual and group therapy for GBV
  - 6 Women's Day events

During women's month AMP held a number of events and workshops in different communities to bring women of all nationalities together. These events served as celebrations of diversity and opportunities to learn about countering prejudice and sexual and gender based violence. Over 100 women attended one such event, held at Salt River Community House. This event provided a safe space for these women to recognize the commonality of their experiences, and to draw strength from their combined resilience. Aside from engaging in presentations on gender based violence and how to combat it, the women also had a chance to let their hair down thanks to the activities and icebreakers organised by the Outreach and Counselling teams. The event was a holding space for female pain and female triumph, and served as a glimpse into more positive and supportive community that we as an organisation strive for. Similar events were held throughout Women's Month in Maitland, Parow and Delft, demonstrations of how women are the true driving forces behind nation building and social cohesion.



**Gahlia Brogneri**  
Director & Co-founder



**Jean Luc Tshiamala**  
PSGP Manager



**Neva Smith**  
Social Work Services Manager



**Georgine Nguizani**  
Community Outreach Manager



**Watson Moyana**  
YOE Senior Manager



**Fiona Mendelson**  
CPS Senior Manager



**Andres Koch**  
Finance Manager



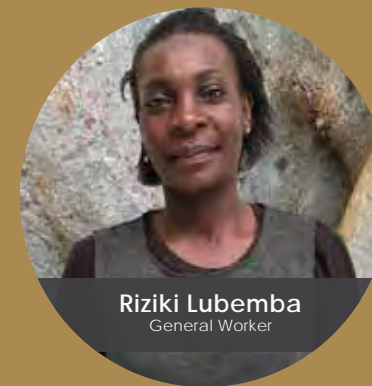
**Edgar Joshua**  
Finance Assistant



**Sylvie Mbebe**  
Registered Counsellor &  
WEP Manager



**Senelisiwe Mlotshwa**  
English Programme Supervisor



**Riziki Lubemba**  
General Worker



**Galiema Matthews**  
Registered Counsellor

# OUR TEAM



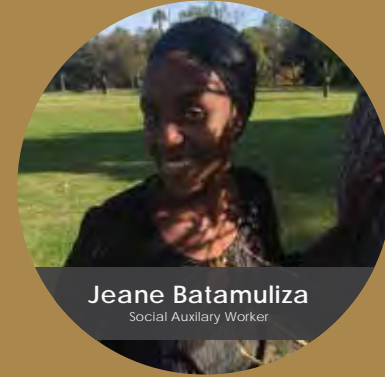
**Chenesai Munhamo**  
Social Worker



**David Bolomewa Ntiniwe**  
Social Worker



**Hanifah Human**  
Social Auxiliary Worker



**Jeane Batamuliza**  
Social Auxiliary Worker



**Gerail Adonis**  
Social Worker



**Mulobi Ibrahim**  
Peer Counsellor



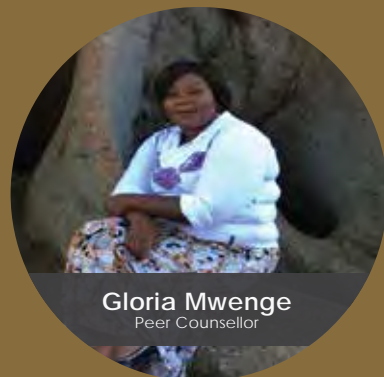
**Felix Nkotola**  
Peer Counsellor



**Claudine Kabayiza**  
Peer Counsellor



**Temi Oduwole**  
Peer Counsellor



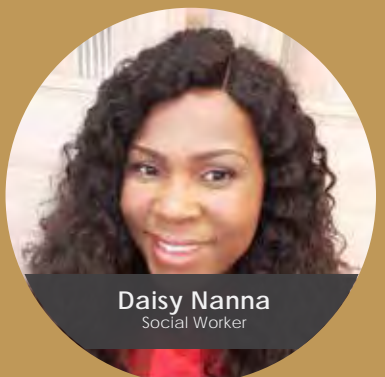
**Gloria Mwenge**  
Peer Counsellor



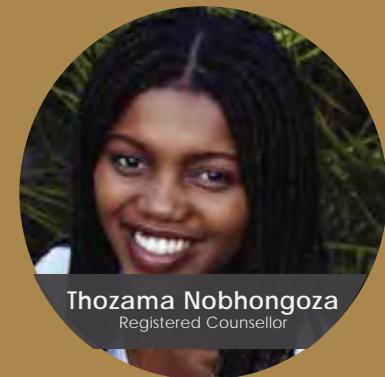
**Augustine Muyambo**  
Peer Counsellor



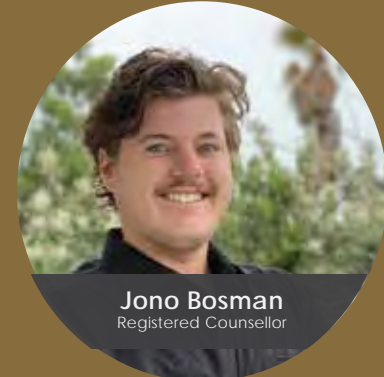
**Adolphine Misekabu**  
Peer Counsellor



**Daisy Nanna**  
Social Worker



**Thozama Nobhongoza**  
Registered Counsellor



**Jono Bosman**  
Registered Counsellor

**AMP OFFERS THANKS AND ACKNOWLEDGES OUR KEY FUNDERS AND PARTNERS:**

- UNHCR
- PRM Taft Refugee Fund
- HCI Foundation
- Associated Energy Services
- Comic Relief
- Department of Social Development
- Scalabrini Centre
- Andan Foundation
- The Ackerman Family Trust
- Southpoint Church
- Dan Hunter
- Andy McWalter
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- June van Niekerk
- Lesley Watson
- Lyn Alexander
- Mindspring Computing
- Sandra Commerford
- Gahlia Brogneri
- MySchool



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# THANK YOU!

To the many other supporters who have made financial contributions to AMP, whether one-off, or on a regular basis, your contribution is greatly appreciated. We would not be where we are today without your support and the difference the programmes have made to peoples' lives would not be possible.

Every contribution AMP receives is significant and appreciated.

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